

DANCE: BALLET

To perform a series of rhythmic and highly technical patterned bodily movements usually performed to music using grace and precision.

REQUIREMENTS:

1. The solo performance must not exceed five (5) minutes. (Contestants not adhering to the maximum time requirement are subject to point deduction and/or disqualification.)
2. Costumes are optional but should be appropriate to the choreography performed.
3. The theme and/or type of the performance must be identified to the judges prior to the presentation. Types include: Classical Ballet, Contemporary Ballet, Neo-classical Ballet, or Story Ballet.
4. The piece must be performed in ballet slippers/flats, or pointe/demi pointe shoes. Bare feet are only acceptable for Contemporary Ballet.

Contestants will be judged by the following criteria:

- Technical Proficiency/Skill (25)
 - Alignment, strength, endurance, flexibility, coordination
- Clarity and Consistency in Style (25)
- Phrasing/Dynamics/Musicality (25)
- Clarity of Intent/Interpretation of Choreography (25)